



Professional Disclosure Statement

Tony de Cordoba MS, NCC, LPC intern
1907 Garden Ave. # 103, Eugene, OR 97403 | (541) 359-7328 | www.tonydcounseling.com

Philosophy and Approach: I view therapy as a creative, collaborative process between a therapist and client(s). I work to support people - their thoughts, feelings, and actions while helping them find the courage and strength to realize change. My therapeutic work seeks to balance psychodynamic theories (involving the exploration of internal processes that inform how we think, feel and act) with an existential view of the world from which the possibility of creating change and new meaning arises. Additionally, I take an integrative approach to employing a variety of therapies and techniques that meet individual client's needs. These may include cognitive-behavioral, Gestalt, solution focused, and narrative techniques that are tailored to aid in the growth process.

Formal Education and Training: I hold a Masters of Science Degree in Clinical Mental Health Counseling from Portland State University. My major coursework at Portland State includes Human Development, Counseling Theories and Skills (with a heavy emphasis on Multicultural Awareness), Diagnosis and Treatment Planning, Legal and Ethical Issues, Human Sexuality, Couples Therapy, and Grief and Loss.

As a Registered Intern of the Oregon Board of Licensed Professional Counselors and Therapists, I will abide by its Code of Ethics. I am under the ongoing supervision of Chelsea Brandenburg, LMFT, LPC, (541) 239 3558 which I am happy to explain.

Fees: I offer a sliding-scale fee structure. This means fees are based on individual client's ability to pay. Generally, my fees are \$40 to \$80 for individual sessions and \$60 to \$120 for couples and family sessions. I may raise my fee during the course of your counseling, and if so I will discuss this with you in advance. Fees are payable by cash, check or credit card due at the time of each session. If you need to cancel or reschedule an appointment please provide at least 24 hours' notice. You may be charged 100% of the full appointment fee if you cancel less than 24 hours in advance.

As a client of an Oregon Licensee or Registered Intern you have the following rights:

- To expect that a licensee has met the minimal qualifications of training and experience required by state law;
- To examine public records maintained by the Board and to have the Board confirm credentials of a licensee;

- . To obtain a copy of the Code of Ethics;
- . To report complaints to the Board
- . To be informed of the cost of professional services before receiving the services;
- . To be assured of privacy and confidentiality while receiving services as defined by rule and law, including the following exceptions:
 - Reporting suspected child abuse
 - Reporting imminent danger to client or others
 - Reporting information required in court proceedings or by client's insurance company, or other relevant agencies
 - Providing information concerning licensee case consultation or supervision
 - Defending claims brought by client against licensee;
- . To be free from discrimination because of age, color, culture, disability, ethnicity, national origin, gender, race, religion, sexual orientation, marital status, or socioeconomic status.

If you have questions or believe your rights have been violated, and feel you cannot speak directly to me, you may contact the Board of Licensed Professional Counselors and Therapists at:

3218 Pringle Rd SE #250
Salem, OR 97302-6312
Telephone: (503) 378-5499
Email: lpct.board@state.or.us
Website: www.oregon.gov/OBLPCT

Additional information about this intern is available on the Board's website.

Client signature indicating you have read, understand, and received a copy of the Professional Disclosure Statement:

Signature of client

Printed name

Date